

# What's on the Menu?

AASD Elementary Lunch  
October 2022

3	4	5	6	7
<b>Chicken Patty Sandwich</b>  or  <b>Galaxy Cheese Pizza</b>  Seasoned Green Beans Fresh Baby Carrots Fresh Whole Apple Chilled Peaches	<b>Chicken Nuggets with Dinner Roll</b>  or  <b>Ham and Cheese Wrap</b>  Steamed Carrots Red and Green Bell Peppers Fresh Whole Pear Chilled Mixed Fruit	<b>Cheeseburger</b>  or  <b>Bosco Sticks with Marinara Sauce</b>  Baked Beans Fresh Sliced Cucumber Fresh Apple Slices Chilled Pears	<b>Popcorn Chicken with a Breadstick</b>  or  <b>Crispy Fish and Cheese Sandwich</b>  Seasoned Corn Fresh Baby Carrots Banana Rosy Applesauce	<b>Chicken Corn Dog</b>  or  <b>Toasted Cheese Sandwich</b>  Steamed Mixed Vegetables Grape Tomatoes Fresh Whole Pear Strawberry Cup
10	11	12	13	14
<b>Chicken Nuggets with Elf Grahams</b>  or  <b>Hot Ham and Cheese Sandwich</b>  Baked Beans Fresh Celery Sticks Fresh Gala Apple Chilled Mandarin Oranges	<b>Tony's Sausage Pizza</b>  or  <b>Turkey &amp; Cheese Flatbread Fold</b>  Seasoned Peas Fresh Broccoli Fresh Pear Chilled Peaches	<b>Macaroni &amp; Cheetoes</b>  or  <b>BBQ Rib Sandwich</b>  Seasoned Green Beans Cucumber Slices Fresh Apple Slices Chilled Mixed Fruit	<b>French Toast Bites with Sausage &amp; Syrup</b>  or  <b>Cheesy Pull Aparts with Marinara Sauce</b>  Steamed Carrots Grape Tomatoes Fresh Banana Chilled Pears	<b>Walking Tacos</b>  or  <b>Hot Dog on a Bun</b>  Steamed Corn Fresh Baby Carrots Blueberries Chilled Applesauce Cup
17	18	19	20	21
<b>Boneless Chicken Wings with Garlic Breadstick</b>  or  <b>Italian Meatball Sub</b>  Steamed Green Beans Fresh Broccoli Fresh Pear Chilled Peaches	<b>Cheeseburger</b>  or  <b>Chicken Caesar Salad with Cheddar Goldfish</b>  Baked Beans Fresh Celery and Carrots Fresh Whole Apple Strawberry Mango Sidekicks	<b>Tony's Pepperoni Pizza</b>  or  <b>Teriyaki Chicken with Brown Rice and Dinner Roll</b>  Seasoned Broccoli Fresh Grape Tomatoes Fresh Apple Slices Chilled Pears	<b>Mini Corn Dogs</b>  or  <b>Turkey &amp; Cheese Sub</b>  Steamed Carrots Fresh Cucumber Slices Fresh Orange Slices Peach Cup	<b>No School</b>
24	25	26	27	28
<b>No School</b>	<b>Beef Nachos</b>  or  <b>Sunbutter Fun Lunch with Apple Slices and Graham Crackers</b>  Steamed Corn Cucumber Slices Fresh Apple Slices Chilled Mixed Fruit	<b>Strawberry Parfait with Granola</b>  or  <b>Garlic Cheesy Pull Apart with Marinara Sauce</b>  Seasoned Peas Fresh Cauliflower Fresh Pear Chilled Peaches	<b>Chicken Tenders with a Breadstick</b>  or  <b>Cheeseburger</b>  Seasoned Carrots Fresh Broccoli Fresh Banana Applesauce Cup	<b>Pancakes with Syrup &amp; Yogurt</b>  or  <b>Chicken Patty Sandwich</b>  Steamed Green Beans Carrot Sticks Warm Baked Apple Slices Strawberry Cup
<b>Happy Halloween</b> 31				
<b>Mummy Dogs</b>  or <b>Cheesy Pull Aparts with Marinara Sauce</b>  Seasoned Mixed Vegetables Fresh Celery and Carrots Fresh Apple Slices Chilled Pineapple				

"This institution is an equal opportunity provider."