



What's on the Menu?

AASD Elementary Breakfast October 2022

3	4	5	6	7
Apple Cinnamon Muffin with String Cheese Apple Slices Assorted Juice Fat Free or 1% Milk	Soft Bagel stuffed with Cream Cheese (Pislbury) Fresh Pear Assorted Juice Fat Free or 1% Milk	Mini Maple Pancakes Craisins Assorted Juice Fat Free or 1% Milk	Apple Frudel Banana Assorted Juice Fat Free or 1% Milk	Golden Grahams Cereal Bar with String Cheese Apple Slices Assorted Juice Fat Free or 1% Milk
10	11	12	13	14
Nature Valley Breakfast Round (Banana Chocolate Chip) Raisins Assorted Juice Fat Free or 1% Milk	Scooby Grahams with Danimal Yogurt Apple Slices Assorted Juice Fat Free or 1% Milk	Mini French Toast Fresh Pear Assorted Juice Fat Free or 1% Milk	Strawberry Nutrigrain Bar with String Cheese Apples Slices Assorted Juice Fat Free or 1% Milk	Soft Filled Cinnamon Toast Crunch Craisins Assorted Juice Fat Free or 1% Milk
17	18	19	20	21
Blueberry Muffin with String Cheese Apple Slices Assorted Juice Fat Free or 1% Milk	UBR- Cinnamon Craisins Assorted Juice Fat Free or 1% Milk	Mini Maple Madness Waffles Fresh Pear Assorted Juice Fat Free or 1% Milk	Soft Bagel stuffed with Cream Cheese (Pislbury) Applesauce Cup Assorted Juice Fat Free or 1% Milk	No School
24	25	26	27	28
No School	Cocoa Puffs Cereal Bar with String Cheese Fresh Pear Assorted Juice Fat Free or 1% Milk	Maple Burst Pancakes Raisins Assorted Juice Fat Free or 1% Milk	Oatmeal Chocolate Chip Benefit Bar Apple Slices Assorted Juice Fat Free or 1% Milk	Soft Filled Cinnamon Toast Crunch Craisins Assorted Juice Fat Free or 1% Milk
31				
Nature Valley Breakfast Round (Banana Chocolate Chip) Raisins Assorted Juice Fat Free or 1% Milk				

“This institution is an equal opportunity provider.”