

# ELEMENTARY MENU

Date: Jan 4th– 31st

		<b>Wednesday 4th</b>	<b>Thursday 5th</b>	<b>Friday 6th</b>
		<p><b>Breakfast Include:</b> Muffins or Cereal Bowl Raisins &amp; Pears</p> <p><b>Lunch Include:</b> Grilled Cheese or Pretzel W/Cheese Stick</p> <p><b>Sides:</b> Spinach Salad, Sweet Potatoes, Dried Fruit &amp; Apple Crisp <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Strawberry Bagel or Cereal Bar Applesauce &amp; Dried Fruit</p> <p><b>Lunch Include:</b> Chicken Nuggets or Bosco Stick w/ Cheese Stick</p> <p><b>Sides:</b> Lettuce, Tomatoes, Corn, Marinara, Humus, Peaches &amp; Strawberries <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Banana Bar or Cereal Mixed Fruit &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Pizza Or Cottage Cheese w/Chips</p> <p><b>Sides:</b> Romaine Salad, Fresh Veggies &amp; Mixed Fruit <i>All Meals include Milk</i></p>
<b>Monday 9th</b>	<b>Tuesday 10th</b>	<b>Wednesday 11th</b>	<b>Thursday 12th</b>	<b>Friday 13th</b>
<p><b>Breakfast Include:</b> Strawberry Bagel or Blueberry Bread &amp; Applesauce</p> <p><b>Lunch Include:</b> Breakfast for Lunch (pancakes) or Nachos w/Cheese</p> <p><b>Sides:</b> Tater Tots, Applesauce &amp; Strawberries <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Pancakes or Cereal Bowl Pears &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Mini Corn Dogs or Pretzel w/Cheese Cup</p> <p><b>Sides:</b> Carrots, broccoli, Marinara, Applesauce &amp; Peaches <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Cinnamon Toast Crunch or Cereal Bowl &amp; Raisins</p> <p><b>Lunch Include:</b> Chicken Leg w/Corn Muffin or Cottage Cheese w/Chips</p> <p><b>Sides:</b> Romaine Salad, Green Beans, Pineapple &amp; Pears <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Cinnamon Mini or Banana Bar &amp; Peaches</p> <p><b>Lunch Include:</b> Country Fried Steak w/Roll or Grilled Cheese Sandwich</p> <p><b>Sides:</b> Mashed Potatoes, Broccoli, Humus, Peaches &amp; Raisins <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Cereal Bar or Cereal Mixed Fruit &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Pizza or Chicken Nuggets w/ Chips</p> <p><b>Sides:</b> Romaine Salad Fresh Veggies &amp; Mixed Fruit <i>All Meals include Milk</i></p>
<b>Monday 16th</b>	<b>Tuesday 17th</b>	<b>Wednesday 18th</b>	<b>Thursday 19th</b>	<b>Friday 20th</b>
<p><b>Breakfast Include:</b> Waffles or Banana Bread &amp; Applesauce</p> <p><b>Lunch Include:</b> Chicken Alfredo or Chicken Strips</p> <p><b>Sides:</b> Steamed Broccoli. Carrots, Applesauce &amp; Apple slices <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Yogurt w/Graham or Cereal Bowl Dried Fruit, Mixed Fruit &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Chicken Patty w/Bun or Yogurt w/ Cheese stick &amp; Crackers</p> <p><b>Sides:</b> French Fries, Fresh Broccoli, Pears &amp; Pineapple <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Muffins or Cereal Bowl Raisins &amp; Tree Tops</p> <p><b>Lunch Include:</b> Texas Straw Hats or Hot Dog w/Bun</p> <p><b>Sides:</b> Romaine Lettuce, Salsa, Tomatoes, Black Beans, Peaches &amp; Cinn Apples <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Apple Pastry or Cinnamon Mini &amp; Pears</p> <p><b>Lunch Include:</b> Chicken Nuggets or Mozz Bread w/ Cheese Stick</p> <p><b>Sides:</b> Roasted Sweet Potatoes, Marinara, Peas, Apple Crisp &amp; Peaches <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Banana Bar or Cereal Mixed Fruit &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Pizza or Chicken Nuggets</p> <p><b>Sides:</b> Romaine Salad, Fresh Veggies &amp; Mixed Fruit <i>All Meals include Milk</i></p>
<b>Monday 23rd</b>	<b>Tuesday 24th</b>	<b>Wednesday 25th</b>	<b>Thursday 26th</b>	<b>Friday 27th</b>
<p><b>Breakfast Include:</b> Blueberry bread or Strawberry Bagel Applesauce &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Chicken Wings or Chicken Strips</p> <p><b>Sides:</b> Roll, Sweet Potatoes, Fresh Cucumber, Celery, Applesauce &amp; Pineapple <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Yogurt w/ Graham or Cereal Bowl Pears &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Chicken Patty w/ Bun or Yogurt w/ Cheese Stick &amp; Crackers</p> <p><b>Sides:</b> Corn, Broccoli, Pineapple &amp; Dried Fruit <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Mixed Berry Bread or Cereal Bowl &amp; Applesauce</p> <p><b>Lunch Include:</b> Salisbury Steak W/Roll or Hot Dog w/ WG Bun</p> <p><b>Sides:</b> Mashed Potatoes, Fresh Carrots, Celery, Dried Fruit &amp; Mixed Fruit <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Banana Bar or Cinnamon Mini &amp; Peaches</p> <p><b>Lunch Include:</b> Spaghetti &amp; Meatballs or Bosco w/ Cheese stick</p> <p><b>Sides:</b> Peas, Hummus, Marinara, Apple Crisp, &amp; Peaches <i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Cereal Bar or Cereal Mixed Fruit &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Pizza or Cottage Cheese w/ Chips</p> <p><b>Sides:</b> Romaine Salad Fresh Veggies &amp; Mixed Fruit <i>All Meals include Milk</i></p>