

High & Middle School Menu

Aug 11 & 12

Daily Breakfast Entrées Include:
Fruit Parfaits, WG Cereal, WG Donuts, or Daily Pastry.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			Biscuit and Gravy Cheese Stick Apple Slices Bananas Fruit Juice	Breakfast Pizza Apples Applesauce Fruit Juice



How to Build a Breakfast Meal
 1 - Entrée Choice
 2 - Fruit (1 can be Fruit Juice)
 1 - 8oz Low-Fat or Fat Free Milk

How to Build a Lunch Meal
 1 - Entrée (bread & protein)
 1 to 2 Fruit Choice
 1 to 2 Vegetable Choice
 1 - 8oz Low-Fat or Fat Free Milk

Line 1

Line 2

Grab 'n Go

Monday	No School	No School	No School
Tuesday	No School	No School	No School
Wednesday	No School	No School	No School
Thursday	Chicken Sandwiches Spicy Chicken Lettuce Salad, Tomatoes, Peaches, and Pears	Chicken Sandwiches Spicy Chicken Lettuce Salad, Tomatoes, Peaches, and Pears	🥗 Nachos or Chicken Sandwich Chef Salad 🥗 Veggie Salad 🥪 PBJ Uncrustable High School Only
Friday	Pizza 🥗 Vegetarian Pizza Options Fresh Veggies and Romaine Salad Mixed Fruit <i>All meal include milk</i>	Pizza 🥗 Vegetarian Pizza Options Fresh Veggies and Romaine Salad Mixed Fruit <i>All meal include milk</i> A	Pizza <i>All meal include milk</i>

Grab 'n Go is High School Only this week

All meals include milk

Welcome Back

**Menu Subject to Change. Also look for our 🥗 Vegetarian Options*

This institution is an equal opportunity provider