



Valley Center Middle School 2022/2023 Bell Schedule

Doors Open 7:10 Breakfast Served: 7:10 - 7:35

Students may enter from the North or doors and have the option of eating breakfast in the cafeteria or heading straight to Advisory.

Class times are separated between 6th Grades (**bolded**) and 7th/8th Grades.

Advisory		7:40 - 8:01 7:40 - 8:04
1st Period		8:04 - 8:54 8:07 - 8:57
2nd Period		8:57 - 9:47 9:00 - 9:50
3rd Period		9:50 - 10:40 9:53 - 10:43
4th Period		10:43 - 11:33 10:46 - 11:36
5th Period		11:33 - 1:04 11:36 - 1:07
	1st Lunch	11:33 - 12:03
	2nd Lunch	12:03 - 12:33
	3rd Lunch	12:33 - 1:03
6th Period		1:07 - 1:57 1:10 - 2:00
7th Period		2:00 - 2:50 2:03 - 2:52
	6th Grade Dismiss	2:50
	7th & 8th Dismiss	2:52