

Middle School Lunch Menu

Meal Price \$3.05
Milk without Meal - .40ea

October

MONDAY

Cheesy Chicken & Pasta ³
 Sweet Red peppers,
 Garlic Bread, Peaches,
 Milk

Corn Dog Bites ¹⁰
 Baked Beans, Sun Chips,
 Cucumber Slices, Frozen
 Treat, Milk

Tater Tot Casserole ¹⁷
 Steamed Peas & Carrots,
 Breadstick, Cucumbers,
 Tropical Fruit, Milk

Cowboy Cavatini ²⁴
 Tossed Salad, Garlic
 Bread, Steamed Corn,
 Mandarin Oranges, Milk

Professional Development ³¹
No School

TUESDAY

Chicken Nuggets ⁴
 Mashed Potatoes,
 Gravy, Wheat Roll,
 Steamed Carrots,
 Cinnamon Apples, Milk

French Toast Sticks ¹¹
 Scrambled Eggs, Tater
 Tots, Juice Blend,
 Mandarin Oranges, Milk

Chicken Tenders ¹⁸
 Mashed Potatoes, Gravy,
 Green Beans, Broccoli,
 Peaches, Dinner Roll,
 Milk

Pancake Sandwich ²⁵
 Tater Tots, Yogurt Cup,
 Juice Blend, Orange,
 Milk



WEDNESDAY

Pancake Stick ⁵
 Tri Taters, Scrambled
 Eggs, Juice Blend,
 Strawberries & Bananas,
 Milk

Country Steak ¹²
 Mashed Potatoes, Gravy,
 Green Beans, Dinner Roll,
 Fruit Cocktail, Carrots,
 Milk

Beef & Bean Burrito ¹⁹
 Frito Salad, Steamed
 Corn, Baby Carrots,
 Banana, Cookie, Milk

Nachos w/meat ²⁶
 Spanish Rice, Lettuce,
 Tomato, Cheese, Baby
 Carrots, Banana, Milk

THURSDAY

Popcorn Chicken Salad ⁶
 Salad Greens, Carrots,
 Broccoli, Tomato,
 Breadstick, Pineapple,
 Milk

Professional Development ¹³
No School

Chili ²⁰
 Corn Chips, Fresh
 Veggies, Cinnamon Roll,
 Pears, Milk

Pizza ²⁷
 Tossed Salad, Breadstick,
 Baby Carrots, Frozen
 Treat, Milk

FRIDAY

BBQ Pulled Pork Sandwich ⁷
 Cheesy Potatoes, Baked
 Beans, Zucchini Slices,
 Oranges, Milk

No School ¹⁴

Grilled Cheese Sand. ²¹
 Chicken Noodle Soup,
 Carrots & Celery, grapes,
 Milk

Cheeseburger ²⁸
 Baked Beans, French
 Fries, Apple Slices, Milk



**October
 Total
 \$54.90**