

High School Lunch Menu

Meal Price \$3.15
Milk without Meal - .40ea

October

MONDAY

Cheesy Chicken & Pasta ³

Sweet Red peppers,
Garlic Bread, Fresh
Broccoli, Peaches, Milk

TUESDAY

Chicken Nuggets ⁴

Mashed Potatoes,
Gravy, Wheat Roll,
Steamed Carrots,
Cinnamon Apples, Milk

WEDNESDAY

Pancake Stick ⁵

Tri Taters, Scrambled
Eggs, Juice Blend,
Strawberries & Bananas,
Milk

THURSDAY

Popcorn Chicken Salad ⁶

Salad Greens, Carrots,
Broccoli, Tomato,
Breadstick, Pineapple,
Milk

FRIDAY

BBQ Pulled Pork Sandwich ⁷

Cheesy Potatoes, Baked
Beans, Zucchini Slices,
Oranges, Milk

Corn Dog Bites ¹⁰

Baked Beans, Sun Chips,
Cucumber Slices, Frozen
Treat, Milk

French Toast Sticks ¹¹

Scrambled Eggs, Sausage,
Tater Tots, Juice Blend,
Mandarin Oranges, Milk

Country Steak ¹²

Mashed Potatoes, Gravy,
Green Beans, Dinner Roll,
Fruit Cocktail, Carrots,
Milk

Professional Development ¹³

No School



No School ¹⁴

Tater Tot Casserole ¹⁷

Steamed Peas & Carrots,
Breadstick, Cookie,
Cucumbers, Tropical
Fruit, Milk

Chicken Tenders ¹⁸

Mashed Potatoes, Gravy,
Green Beans, Broccoli,
Peaches, Dinner Roll,
Milk

Beef & Bean Burrito ¹⁹

Frito Salad, Steamed
Corn, Baby Carrots,
Banana, Cookie, Milk

Chili ²⁰

Corn Chips, Fresh
Veggies, Cinnamon Roll,
Pears, Milk

Grilled Cheese Sand. ²¹

Chicken Noodle Soup,
Carrots & Celery, Fruit
Cocktail, Milk

Cowboy Cavatini ²⁴

Tossed Salad, Garlic
Bread, Steamed Corn,
Mandarin Oranges, Milk

Pancake Sandwich ²⁵

Tater Tots, Yogurt Cup,
Juice Blend, Orange,
Milk

Nachos w/meat ²⁶

Spanish Rice, Lettuce,
Tomato, Cheese, Baby
Carrots, Banana, Milk

Cheeseburger ²⁷

Baked Beans, French
Fries, Red Peppers, Frozen
Treat, Milk



Pizza ²⁸

Tossed Salad, Breadstick,
Baby Carrots, Apple,
Milk

Professional Development
No School ³¹



October
Total
\$56.70