



# Ski and Snowboard Trip

## Ledyard High School



### Trip Details

Destination:	<a href="#">Mt. Sunapee</a> , Newbury, New Hampshire
Date:	Sunday, February 09, 2020
Arrive at LHS:	4:45 am
Departure Time:	5:00 am sharp!
Return Time:	7:30 pm (approximately)
Departure Location:	Coach bus parks at LHS main entrance
Bus and Lift Ticket:	<b>\$98</b> per young adult (age 13-18) \$114 per adult (age 19+)
Ski/Snowboard Rental:	\$43 with boots and helmet (*see equipment rentals below)

### *Start Here /Learn to Ski/Ride Package (1<sup>st</sup> timers) –\$135 per person, ages 16+*

Includes: South Peak **ONLY** Lift Ticket, bus, Ski or Snowboard Rental, Two-hour Group Lesson  
(\*This includes the price for renting equipment. Please DON'T pay for rentals online. Fill out personal information on the registration form instead.)

### *Workshop Lesson Package –\$156 per person.*

Includes: **All Mountain** Lift Ticket, bus, Two-hour group lesson. \*RENTALS are not included and must be ordered and paid for online. (see below)

EQUIPMENT RENTALS: <https://www.rentskis.com/groups/ski93> (Ledyard HS must be written into "Special Request" field of link.) Rentals MUST be submitted no less than 48 hours prior to day of arrival. If you can find a cheaper alternative for renting, you may certainly do so.)

*\*\*\*If we get 40 participants (excluding chaperones) everyone will be entered into a raffle for a REFUND of their lift ticket! The first 20 people to sign up get their name entered twice!\*\*\**

### Registration

- Payment will be accepted as cash or check.
- Make checks payable to *Ledyard High School*.
- Payment is due by Friday, January 10<sup>th</sup>! (*contact Mr. Woodruff after this date*)
- Complete both sides of attached permission slip.
- Be sure to include all rental and lesson details on the next page if purchasing the *Start Here/Learn to Ski/Ride package*.
- ALL other rental information and payments are done online.
- Enclose payment and permission slip in an envelope with name on the front.
- Return payment and permission slip to Mr. Woodruff in Room 201 or Mr. Woodruff's mailbox in the Main Office.

### Additional Information

- Students who have never skied/snowboarded before should be accompanied by a friend/buddy for safety reasons. (see itinerary for more details)
- There are no refunds unless you are able to fill your seat with another person.
- This trip may fill up and is first-come, first-served.
- Contact Mr. Woodruff with questions at [swoodruff@ledyard.net](mailto:swoodruff@ledyard.net)
- For text reminders/notices use: Remind 101 number (203)567-4117 text: 81010 to @lhssk or follow us on Twitter : *LHS Ski/Snowboard@LHS\_Slopeside*
- For additional details, changes, a detailed itinerary or a permission slip, visit our club webpage at: [www.bit.do/ski-snowboard](http://www.bit.do/ski-snowboard)

\*please complete this form and return with your permission slip.

**Registration Information:**

**Select one of the packages below and complete all information.**

<p><u>      </u> <b>Bus and Lift Ticket</b></p> <p>Price: <b>\$98</b>      (age 13-18)           <b>\$114</b>      (age 19+)</p> <p><b>Ability Level</b> Beginner _____ Intermediate _____ Advanced _____</p> <p>Age _____</p>	<p><u><b>WORKSHOP LESSON PACKAGE</b></u></p> <p><u>      </u> <b>Bus, Lift Ticket (all mountain), and 2-hr group lesson</b> *RENTALS ONLINE</p> <p>Price: <b>\$156</b></p> <p>*pay for rentals online – approx.. \$43</p> <p>Snowboard Rental _____ Ski Rental _____ Helmet Rental _____</p> <p><b>Ability Level</b> Beginner _____ Intermediate _____ Advanced _____</p>
<p><u><b>START HERE/SCHOOL GROUP PACKAGE</b></u></p> <p><u>      </u> <b>Bus, Lift Ticket (beginners area only), Rental and 2-hr lesson (First timers, age:16+)</b></p> <p>Price: <b>\$135</b></p> <p><b>Ability Level</b> Beginner _____</p> <p>With this package you will only be allowed to ski the South Peak area, not the entire mountain...which may be fine if it is your first time.</p>	<p><u><b>START HERE/SCHOOL GROUP PACKAGE-Rental information</b></u></p> <p>Snowboard Rental _____ Ski Rental _____ Helmet Rental _____ Shoe Size _____ Height _____ Weight _____ DOB _____</p>

# Permission Slip

## LHS Ski/Snowboard Trip

Please return by Jan 10<sup>th</sup>! The trip will be cancelled if we don't have enough people by this date.

*·You may still sign up after the 19<sup>th</sup> if we have room on the bus·*

*\*\*If we get 40 participants (excluding chaperones) everyone will be entered into a raffle for a refund of their lift ticket! The first 20 people to sign up will get their name entered twice!\*\**

My child, \_\_\_\_\_ has permission to attend the trip on **Sunday, February 9, 2020**. I also give the Ledyard School/Trip Leader/Chaperones permission to seek emergency medical attention for my child, as needed.

Date: \_\_\_\_\_  
\_\_\_\_\_ (Parent/guardian signature)

Address: \_\_\_\_\_

Telephone # home \_\_\_\_\_ (circle preferred number)

Guardian cell # \_\_\_\_\_ Guardian Cell # \_\_\_\_\_

Participants cell# (optional) \_\_\_\_\_

Child's birth date: \_\_\_\_\_ Age \_\_\_\_\_



## Medical Information

Please indicate below any medications your child is taking, or medical conditions and/or allergies he/she may have that would be important for medical personnel to know in the case of an emergency. Thank you.

Medical conditions/allergies:

\_\_\_\_\_  
\_\_\_\_\_

Medications:

\_\_\_\_\_  
\_\_\_\_\_

**\*\*Complete the back of the permission slip and return\*\***



## Transportation Waiver

Please be advised that the Ledyard Public School District is **NOT** responsible for, and does not assume responsibility for, the supervision or scheduling of the “Additional Transportation”; nor is it responsible for, or assume any liability for, any injury or accident arising from or related to any Additional Transportation being provided to your son/daughter before and/or after school. The school district has no insurance for, nor does it assume under any circumstances responsibility for, the Additional Transportation. Parents and/or Guardians authorizing such private transportation are required to waive any right to or claim of responsibility on the part of the school district for the Additional Transportation.

As parent and guardian of \_\_\_\_\_, I am aware of the Ledyard Public School District’s policies, particularly on Additional Transportation, and further understand:

1. That in utilizing Additional Transportation or other alternative transportation including, but not limited to, parents, student drivers, third parties, or any other transportation being provided by someone other than the Ledyard School District, I hereby waive, release, promise and agree not to file, bring or pursue any judicial, quasi-judicial, administrative or arbitral complaint, charge, claim or action and waive and release the right to recover any and all relief in any judicial, quasi-judicial, administrative or arbitration proceeding, suit or action filed or brought in the name of my son/daughter or in my name against the Ledyard School District, the Town of Ledyard, or the Town or School District’s Administration, their present or former officers, directors, members, agents, or employees, or any person formerly or presently acting on behalf of the Ledyard School District, the Town of Ledyard, or the Town or School District’s Administration, in either their official or individual capacities, arising out of my decision to have my child use Additional Transportation or other alternative transportation.
  
2. That any school-sponsored activity shall not begin until the student is under the direct supervision of the coach or faculty advisor, as the case may be, and the direct supervision shall terminate upon the Additional Transportation or other alternative transportation driver picking up my child.

I hereby certify that I have read and understand the above terms and conditions of the Ledyard School District policies and that I am the parent and/or legal guardian of the above-named student. I further certify that I give my express permission for, and assume full responsibility and legal liability (as set forth in detail above), of any Additional Transportation or other alternative transportation being provided for my son/daughter **TO** or **FROM** school for this event.

\_\_\_\_\_  
Print Name of Parent and/or Guardian

\_\_\_\_\_  
Signature of Parent and/or Guardian

*Tear off and keep*

## **LHS Ski/Snowboarding Trip Itinerary**

**Mount Sunapee, N.H.**

**Sunday, February 9, 2020**

Remind 101 number (203)567-4117 text: 81010 to @lhssk

Twitter- LHS Ski/Snowboard@LHS\_Slopeside

swoodruff@ledyard.net

### **4:45 am – 5:00 am**

Arrive at Ledyard High no later than **4:45 am**. We will begin loading the equipment onto the bus.

### **5:00 am**

Bus departs Ledyard High to the mountain! The bus will depart promptly at 5:00 am.

### **8:15 – 8:30 am**

Once we arrive at the mountain the bus will pull up to the group sales office. We will get everyone's lift tickets and distribute them while you are still on the bus. Once everyone has their ticket we will then proceed up to the main lodge where we will keep our belongings and meet later in the day for check-in. **THOSE NOT RENTING** equipment are free to start skiing at this point. **THOSE RENTING EQUIPMENT** will follow a chaperone to the rental area. Be sure to locate a safe spot for your gear. There are unlocked cubbies available as well as a safer, bag-check area. If you choose not to check your gear, be sure you remember where you put it. Ledyard High is not responsible for lost items.

### **9:00 am – 12:00 pm**

Hit the slopes! Remember to be respectful of others. You must ski/snowboard with a buddy at all times! Ski patrol is located all over the mountain and in the lodge. If you are lost or injured be sure to contact ski patrol to assist you. We will be checking in with the ski patrol at lunch. Ski/ride in control at all times. Be aware of your surroundings and be courteous. We expect exemplary behavior from all of you. We can, and will, pull your lift ticket if we see you out of control or breaking mountain rules. We reserve the right to withhold future invitations to trips to you.

**Lesson times will be announced/updated.**

### **12:00 pm – 12:30 pm**

Check in time! **ALL SKIERS MUST CHECK IN WITH A CHAPERONE BETWEEN 12:00 AND 12:30** at the base lodge. It is a small enough lodge to find us. This is non-negotiable and anyone who does not check in will not be invited back for other LHS trips this year. Once you check in with us you are free to eat, ski, or just hang out. Our recommendation is that you eat during this time. You may either bring your own lunch or money to buy a lunch.

### **3:45 pm**

All skiers/snowboarders who rented equipment must return their rented equipment to the rental shop. Punctuality is imperative so plan ahead. If you are out on the slopes and it is getting close to 3:45 don't take that last LONG run! After returning the equipment you must then meet us back at the main lodge. We will let you know when the bus is open.

#### **4:15 pm**

Everyone meets at the bus in the parking lot. It is a small parking lot so you should have no problem finding our bus. It should be in the same area as the morning drop-off. Carefully load your gear onto the bus and then get on. We will be taking attendance as people get on. Again, punctuality is imperative and will determine whether you are invited on another LHS ski trip.

#### **4:30 pm**

The bus will depart for LHS. Relax, have a snack, take a snooze, you deserve it! Keep your area clean on the bus, as no one will be allowed off the bus at Ledyard High until we inspect your area for cleanliness. We will NOT be stopping for dinner on the way home so bring plenty of food to tide you over!

#### **7:30 – 8:00 pm**

Approximate arrival time at Ledyard High. People will have cell phones in the event that you need to contact someone

**\*If you or a friend is injured – CONTACT SKI PATROL IMMEDIATELY! THEY WILL CONTACT US AND WE WILL MEET YOU AT THE FIRST AID STATION!**

#### **HELPFUL HINTS**

- Bring snacks and lunch. Ski lodge food is available but expensive.
- Bring a backpack for your belongings instead of a bag. It is easier to carry all your gear if you've got both hands free.
- BRING WARM CLOTHING. Even if it's warm in Ledyard, it may be a winter wonderland at the mountain.
  - Warm and waterproof jacket.
  - Snow pants. If you are a first time skier, let's face it, you are going to fall down. Falling means getting your clothes wet if you are not wearing snow pants. Come prepared with the proper gear!
  - Hat – make sure it covers your ears. It is expected that you will wear a helmet. Bring extra money to rent one (\$11) if it is not included in your package.
  - Waterproof mittens or gloves.
  - Something to keep your neck/face warm (scarf or neck warmer).
  - Extra layers – you can always reduce the amount of layers you are wearing at the lodge if you get too hot.
  - Appropriate socks for the ski boots. You want them to reach above mid calf.
  - Goggles are useful when it's sunny, windy, or snowing. We want to make sure you can see where you are skiing or riding!
- Have a watch/phone to keep track of the time.
- Label your own equipment with your name and phone number.