Middle School Sports Information

At HPMS we offer the following sports:

| Season/ Sport | Coach | Contact | Practice Location | Practice Time |
|-----------------------|-----------------------------------|---|----------------------|------------------|
| Fall | | | | |
| Football | Corey Carter | ccarter@hpschools.net | Behind HS- Grass | 3 PM |
| Girls Soccer | Nikki Ferringo | nferringo@hpschools.net | Donaldson Park | 3:30 PM |
| Boys Soccer | Dave Pellican | pellicane@gmail.com | Donaldson Park | 3:30 PM |
| Winter | | | | |
| Wrestling | Niko Kasapidis | nkasapidis@hpschools.net | MS Gym | 3,4:30 PM |
| Girls Basketball | Lori St. George | lszentgyorgyi@hpschools.net | MS Gym | 6 PM |
| Boys Basketball | Joe Policastro | Arthur Sawyer | Bartle Gym | 6 PM |
| Spring | | | | |
| Co-Ed Track and Field | Niko Kasapidis Corey Carter | nkasapidis@hpschools.net ccarter@hpschools.net | HS Track | 3 PM |
| Softball | Nikki Ferringo | nferringo@hpschools.net | Donaldson Park | 3:30 PM |
| Baseball | TBD | | Donaldson Park | 3:30 PM |

Prior to each season, there will be an announcement at school about sign-ups for each sport. Students should make every effort to sign-up and attend the meeting. If students miss the meeting, parents/students can contact the coach directly for the start date and any other information. Fall sports are in September and October. Winter Sports are in December, January and the first half of February. Spring sports start in mid-March and go through April and May.

Game schedules can be found at http://www.hpathletics.org/ Select the season (Fall, Winter or Spring) and then the sport you are looking for.

Students must have an updated physical on the state/school form to participate in any sport. Physicals are good for one year and must be updated annually. In addition, permission slips, concussion awareness forms and a heart issue acknowledgement forms must be turned in before the start of practice. Forms can be obtained in the middle school office or from the nurse.

If you have any additional questions, please contact the coach directly.

If you have any trouble reaching the coach, please contact the Athletic Director, Craig Grivan at <u>cgirvan@hpschools.net</u>. 732-572-8950 ext 3245