

COMMUNITY RESOURCE LIST

For questions please contact:

Kimberly Holman

Family Support Case Manager

HPHS Community Teen Center

732-572-2400 x3022

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- Middlesex County Board of Social Services** 732-745-3500
-housing, food stamps, financial assistance, Medicaid
- NJ Family Care** 800-701-0710
-federal and state funded program that provides healthcare coverage to qualified NJ residents of any age (NJ FamilyCare is for people who do not have employer insurance)
- Social Security** 800-772-1213
-SSI, disability benefits, new or replacement SS cards
- Eric B. Chandler Health Center** 732-235-6700
-pediatrics, internal medicine, gynecology, dental services, and more
- Planned Parenthood** 732-246-2411
-GYN exams, all birth control methods, pregnancy testing & counseling, STI treatment, prenatal care, emergency contraception (fee is reduced or waived for students; no parental consent is required)
- American Red Cross (Family Relief)** 800-507-6058
-disaster relief and recovery, emergency assistance (serves Middlesex County)
- Rape Crisis Intervention Center** 732-321-1189 (24hrs)
-assistance with medical treatment, legal process, and counseling and support services
- Women Aware** 732-249-4504 (24hrs)
-safe housing shelter, support groups, court preparation and accompaniment, drop in counseling
- UBHC (University Behavioral Health Care)** 800-969-5300
-mental health support services
- Catholic Charities** 800-655-9491
-individual and family counseling services
-rental & utility assistance (732-826-6278)
-child care resource & referral (732-324-4357)
-Ozanam Family shelter (732-985-0327)
-Ozanam Men's shelter (732-729-0850)

Logisticare -transportation to and from medical appointments (must call 2-3 days before)	866-527-9945
Robert Wood Johnson Hospital	732-828-3000
Saint Peter's University Hospital	732-745-8600
Acute Psychiatric Services	732-235-5700 (24hrs)
Children's Crisis Intervention Services	732-235-5705
Section 8 Rental Assistance	732-745-4189
Elijah's Promise Soup Kitchen -18 Nilsen Street -lunch served 11-12:15 (Mon-Sun) -dinner served 6-7:30 (Mon-Fri) 3-4:30 (Sat-Sun)	732-545-9002
Reformed Church of Highland Park Global Grace Café (Mon-Fri 9:30-2:00 reduced fee) -coffee & pastries served at 9:30 -lunch served at 11:30	732-249-7349
Highland Park Senior & Youth Rec Center	732-819-0052
Homelessness Prevention Program	866-889-6270
Highland Park Food Pantry	732-491-6013
Highland Park Housing Authority	732-572-4420
Puerto Rican Action Board (rental & utility assistance)	732-828-4510